

# My Caring Instructor

HELPS ME FEEL VALUABLE

Students feel valued, cared for, and engaged when they realise that their instructor goes beyond the classroom to understand their concerns, address them, and help students achieve their goals.

Are you one of those caring instructors?

## AWARE

- Is aware of my needs and cares about how I feel
- Understands my concerns
- Is aware of my areas of improvement
- Sends me emails / messages to check if all is OK with me in the course
- Asks me about my goals and discusses ways to achieve them

## EMPATHETIC

- Is empathetic towards me
- Uses positive and hopeful language
- Reflects my identity in the curriculum
- Helps me connect with my peers
- Regularly checks for my well-being
- Reduces my anxiety by using lots of ice breaking activities in class



## JUST LIKE ME

- Shows their imperfect side
- Shares their own struggles
- Shares their own stories
- Is my partner in learning
- Shows their vulnerability at times



## WARM DEMANDER

- Constantly reminds me of what I can achieve
- Pushes me for higher standards
- Recognises my efforts and abilities
- Helps me cultivate my intellectual capacity



This infographic was created in collaboration with Michelle Pacansky-Brock, Online Faculty Developer, California Community Colleges, Foothill-DeAnza Community College District, USA. It is based on the content found at [brocansky.com](https://brocansky.com/).

### References:

- Pacansky-Brock, M. (2021). Michelle Packansky-Brock's website. [Online]. Available at: <https://brocansky.com/>.
- Pacansky-Brock, M., Smedshammer, M., and Vincent-Layton, K. (2020). Humanizing Online Teaching to Equitize Higher Education. *Current Issues in Education*, 21(2).